## MEET THE PRODUCT BRAVENLY DRIFT

DRIFT off to sleep with this advanced relaxation beverage. Formulated by a Naturopathic Doctor packed full of ingredient's designed to help support sleep.

DRIFT promotes not only relaxation in the evening but helps you get that restorative & renewing sleep you deserve. With a guilt-free yummy hot cocoa treat in your cup, it curbs that nighttime indulgence that keeps you feeling full. You'll wake up feeling refreshed and ready for the day.

### BRAVENLY BENEFITS

- 🙏 CURBS EVENING SWEET TOOTH\*
- 🙏 KEEPS YOU FULL & SATISFIED\*
- I SUPPORTS A HEALTHY SLEEP CYCLE\*
- ᅪ PROMOTES RELAXATION & TRANQUILITY\*
- 🔩 WAKE UP FEELING RENEWED\*

# THE BRAVENLY DIFFERENCE naturopathic doctor formulated



#### **L-TRYPTOPHAN**

Decreases the amount of time it takes to fall asleep & improves mood. The body uses Tryptophan to make melatonin & serotonin.\*

# INGREDIENT SPOTLIGHT

#### ASHWAGANDHA

Adaptogen that helps the body cope with stress, improves sleep quality, and causes sleepiness.\*

#### GABA

Enables the body & mind to relax and to sleep soundly through the night.\*

#### MAGNESIUM

Helps your body relax, reduces stress, and helps you sleep longer.\*



#### **MELATONIN**

#### Natural sleep aid that helps regulate the sleep-wake cycle.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



#### Supplement Facts

Serving Size 2 Scoops (18 grams) Servings Per Container: 20

1

Amount	Per Serving	%DV
Calories	50	
Calories from Fat	10	
Total Fat	2g	3%
Saturated Fat	1g	5%
Total Carbohydrate	9g	3%
Dietary Fiber	1g	4%
Total Sugar Includes 7 grams added sugars	7g	14%
Protein	1g	<1%
Calcium (Aquamin™)	200 mg	15%
Magnesium (Carbonate/Aquamin <sup>™</sup> )	100 mg	24%
Bravenly Proprietary Blend	1,783 mg	**
Coconut (Powder), L-Tryptophan, Asl	wagandha (Ro	ot) GAR

(Gamma Aminobutyric Acid), Chamomile (Extract), Psyllium Husk (Powder), Melatonin

Daily Value not established. Percent Daily Values are based on a 2,000 calorie diet.

Other Ingredients: Raw Cane Sugar, Dutch Cocoa Powder, Ervthritol, Stevia Aquamin™ is a registered trademark of Marigot Limited